

SIA World Service Conference Open Share Zoom Room Meetings

If you'd like to be on the mailing list (meeting times change and passwords change from time to time), please send an email requesting that to info@sianewyork.org. The email list preserves anonymity, using "bcc:" in order to not share email addresses with the group.

**For access links and information
please email info@sianewyork.org or
text 917-494-8043.**

Monday Meetings

Body as Sanctuary: Experiencing the Body as a Place of Refuge Workshop & Share. 15min embodied practice of one's own choosing followed by open share. **9:00 AM PT/12:00 PM ET/5:00 PM BST/18:00 CET/9:30 PM IST/Tues. 2:00 AM AEST**

Zoom Host Training; one of our members is doing training a couple of times/month immediately following the Body as Sanctuary meeting by appointment. Please write to siaglas21@gmail.com to schedule a meeting. You'll learn how to operate the various host controls so that you can assist with hosting, co hosting or back-up hosting. Login info is same as Body as Sanctuary meeting

SIA Literature Exploration Open Share Meeting. Different SIA pamphlets and literature will be read together as a group, and shares will come out of the thoughts and feelings stimulated by the literature **1PM PT/4 PM ET/9 PM BST/22:00 ECT/Thurs. 1:30 AM IST/Thurs. 6:00 AM AEST**

Survivor Grief Workshop. Pete Walker's *The Tao of Fully Feeling* will be explored and shares will focus on this topic. **5:00 PM PT/8:00 PM ET/ Tues. 1:00 AM BST/Tues. 02:00 CET/Tues 5:30 AM IST/Tues. 10:00 AM AEDT**

Tuesday Meetings

Step 0 Study & Open Share: Creating a Solid Foundation for Step Work: **9:00 AM PT/12:00 PM ET/5:00 PM BST/18:00 ECT/9:30 PM IST/ 2AM AEST**

*This meeting will use Step 0 literature from the SIA Step Workbook **Out of the Night, Into the Light** and will be made available at the meeting.*

(RM 2) Female/Female Identifying Only Open Share (this mtg is for people who currently identify as female): **10:30 AM PT/1:30 PM ET/6:30 PM BST/19:30 CET/Wedn.11:00 AM IST /Wedn. 3:30 AM AEST**

Survivors of Color Open Share: **4PM PT/7PM ET/12AM BST/01:00ECT/Wedn. 4:30AM IST Wedn. 9:00 AM AEST**

(Rm2) April-June Prosperity Consciousness (Now 1.5 hours). This meeting will focus on how survivors can open up more prosperity in their lives. **5:30PM PT/8:30PM ET/Wed 1:30AM BST/02:30ECT/Wedn. 6:00AM IST Wedn. 10:30 AM AEST**

Wednesday Meetings

NEW – Beginning Aug. 11: **01:00 PM ET Male/Male Identifying Only: Understanding Our Sexuality.**

Zoom Host Training; one of our members is doing training the first Wednesday of each month. You'll learn how to operate the various host controls so that you can assist with hosting, cohosting or back-up hosting. **8 AM PT/11 PM ET/4 PM BST/17:00 ECT/8:30 PM IST/Mon. 1 AM AEST**

(Rm2)New! Zoom Host/Moderator Support Monthly Meeting; this once-a-month **(2nd Wednesday; 4/14/21)** moderator/host support meeting provides an opportunity for moderators/hosts to come together, share about challenges/concerns going on at their meetings, find out how other host/moderators are handling similar situations, etcetera. **8 AM PT/11 PM ET/4 PM BST/17:00 ECT/8:30 PM IST/Mon. 1 AM AEST**

Codependency & Betrayal Trauma Workshop/Open Share **9 AM PT/ 12 PM ET/5 BST/18:00 CET/9:30 P.M. IST/Thurs. 2:00 AM AEST** *This meeting will use Appendix 5, from the SIA Step Workbook **Out of the Night, Into the Light** and will be made available at the meeting.*

(Rm2) Female/Female Identifying Only Open Share (this mtg is for people who currently identify or in the past have identified as female): **9 AM PT/12 PM ET/5 PM BST/20:30 CET/9:30 PM IST /Wedn. 2 AM AEST**

SIA Open Share **1 PM PT/4 PM ET/9 PM BST/22:00 ECT/Thurs. 1:30 AM IST/Thurs. 6:00 AM AEST**

(Rm2) 1/Month Workshop: Creating Healthy Relationships: 4/14/21 & every second Wednesday of the month thereafter 1 PM PT/4 PM ET/9 PM BST/22:00 ECT/Thurs. 1:30 AM IST/Thurs. 6:00 AM AEST

Embracing DID/Multiplicity; All with DID, who wonder if they are, or identify as having multiple selves are welcome; 5:30 PM PT/8:30 PM ET/Thur. 1:30 AM BST/02:30 ECT/Thurs. 6:00 AM IST/Thurs. 10:30 AM AEST

Thursday Meetings

Note: Only the early Thursday Steps Workshop is Still open to new participants & the meeting will close to new participants after April 15.

SIA Steps Workshop 1: For those who want to work the SIA Steps & build their SIA support network. On first meeting of month the step will be explored and the large group will share about their understanding of the step and concerns they may have about working it. In subsequent weeks of the month, the large group will break up into small groups of 3 or 4 people to share their step writing. Please note, this workshop will close to new participants when Step 0 is completed and Step 1 is begun. Participants will be using SIA's prerelease Steps Workbook, *Out of the Night, Into the Light*.

9 AM PT/ 12 PM ET/5 PM BST/18:00 CET/9:30 P.M. IST/Thurs. 2:00 AM AEST. Workshop will close to newcomers after 4/15/21

(Rm2) SIA Steps Workshop 2: 6:45-8:45 ET This workshop is now closed to new participants because of the sensitivity of the work they are doing and the fact that anyone else joining in will not be at the same place in the step work process. That said, a new Steps Workshop can be started at any time so long as there are people who can serve as tech host, secretary and moderator for the new meeting. If you have interest in being notified when a new step workshop begins, or are willing to be of service for three months in one of the three required positions, please let us know. A list is being maintained the SIA World Service Zoom Intergroup

SIA Step Study: 4:00PM PT/ 7:00 PM ET/Fri. 12:00 AM BST/Fri. 01:00 ECT/Fri. 4:30 AM IST/Fri. 9 AM AEST At this meeting one step is read each week and participants share their thoughts about the step.

Genderqueer Journeys: A Safe Space for Transgender, Gender Non-Binary, Gender Non-Conforming, Two-Spirit, and Other Genderhero Survivors: 5:45 PM PT/8:45 PM ET/Fri 1:45 AM BST/Fri. 02:45 ECT/Fri. 6:15 AM IST/Fri. 10:45 AM AEST

Friday Meetings

Rm 2: NEW! Starts Friday 4/9/21 Open Share for Those Currently Working the Steps This new meeting is intended for any SIA survivor who is currently working the steps in workshop and/or with a recovery partner and/or with a sponsor. 7:30 AM PT/10:30 AM ET/3:30 PM BST/16:30 ECT/8 PM IST/Sat. 12:30 PM AEST

Step One Focus Open Share: 9:00 AM PT/12:00 PM ET/5:00- PM BST/18:00 ECT/9:30 PM IST/Sat. 2 AM AEST

SIA Open Share: 6 PM PT/9 PM ET/Saturday 2AM BST/Sat. 03:00 ECT/Sat. 6:30 AM IST/Sat. 11:00 AM AEST

Saturday Meetings

(Rm2) **LGBTQIA Focus Open Share Meeting** 9:30 AM PT/12:30PM ET/5:30PM BST/18:30 ECT, Sun. 10:00 PM IST/Sun. 2:30 AM AEST

Male/Male-identifying Only Open Share: 10AM PT/1:00PM ET/6:00PM BST/19:00 ECT, 10:30 PM IST/Sun. 3AM AEST

SIA Open Share: 1 PM PT/4 PM ET/9 PM BST/22:00 ECT/Sun. 1:30 AM IST/Sun. 6 AM AEST

Sunday Meetings

NEW: 11:00 AM ET (Monthly) Trauma-Informed Yoga, Guided Meditation & Discussion . The second Sunday of each month beginning 8 Aug 2021.

Creative Arts Therapy Workshop & Open Share: 12 PM PT/3 PM ET/8 PM BST/21:00 ECT/ Mon. 12:30 AM IST/Mon. 5AM AEST

Survivors with Eating Disorders Step Study: 5PM PT/ 8PM ET/1AM Mon. BST/02:00 Mon. ECT/Mon. 5:30AM IST/Mon. 10 AM AEST